



Sugar Apple

Posts From The Caribbean

Sugar Syrup

Sugar syrup, or simple syrup, is a handy item to have in your fridge and really easy to make. You can use it to sweeten lemonade, iced tea or cocktails.

one part sugar
two parts water

Bring the water to a boil in a saucepan. Add the sugar and let it dissolve in the hot water. Take the pan off the heat and let it cool down to room temperature. Decant into a glass bottle and refrigerate until needed.

<http://www.abigailblake.com/sugarapple>

from the article *Good Friday Gets Better* posted on April 10, 2009